

Discounted Counseling for Denver Seminary Students

Please note the following items:

- (1) For the convenience of Denver Seminary students, the Student Life Department provides this list of area counselors/therapists who have indicated to the Seminary that they are willing to offer their services to Seminary students at a reduced cost. In providing this list, Denver Seminary is not giving medical advice, making referrals, or making recommendations about individual area providers included on the list.
- (2) Students on Medicaid are required to see only Medicaid providers. It is against federal law for counselors who do not accept Medicaid to see a client on Medicaid. If you are on Medicaid, please see the section specific to Medicaid providers or find a provider here: healthfirstcolorado.com/find-doctors/
- (3) Clinical Mental Health Counseling students are required to meet with a counselor as part of their program. This counselor must hold one of the following licenses: LPC, LCSW, LMFT, or Licensed Psychologist. If you are a counseling student, please be aware that you are choosing a provider from this list at your own risk. Please refer to the Personal Formation manual for more information about the Personal Counseling Requirement.
- (4) The Seminary encourages students to make their own decisions about whether a provider is a good option for them and can provide the particular services that a student may seek.

Licensed Professionals

A Licensed Clinical Social Worker (LCSW), a Licensed Marriage and Family Therapist (LMFT), and a Licensed Professional Counselor (LPC) must hold a master's degree in their profession and have at least two years of post-masters supervision. A Licensed Psychologist must hold a doctorate degree in psychology and have at least one year of post-doctoral supervision.

Kirsten L Christensen, LPC (License #3317)

Education: graduated University of CO Denver in 2000

Frequently works with: adults

Specialties: trauma, eating disorders, mood disorders, relationship issues, grief and loss, spirituality, DBT, EMDR, ACT

Location: Lakewood

Session Price: \$35 per session while client is still a student

Website: kirstenchristensen.com

Contact: klc@kirstenchristensen.com, 303-997-0337

Telehealth Available: yes

Lynnette Cooper, LPC (License #12212)

Education: graduated Denver Seminary in 2011 and Denver Family Institute in 2013

Frequently works with: women, couples

Specialties: anxiety, depression, marriage, pre-marital, post-divorce, self-esteem, childhood abuse, grief and loss

Location: Denver Tech Center

Session Price: \$55 per session indefinitely while client is still a student

Website: lynnettecooper.com

Contact: coopnettie@comcast.net, 303-549-7506

Telehealth Available: yes

Ryan Espinoza, LPC (License #11972)

Education: graduated Denver Seminary in 2009

Frequently works with: young adults, counseling program students, veterans

Specialties: anxiety, depression, life transitions, self-esteem, Seminary life

Location: Lakewood

Session Price: \$40 per session while client is still a student

Website: ryanespinozacounseling.com

Contact: ryan@ryanespinozacounseling.com, 720-989-1905

Telehealth Available: yes

Mary Flack, LPC (License #5689)

Education: graduated University of Phoenix in 2004

Frequently works with: adults, couples, families

Specialties: anxiety, depression, marriage, pre-marital

Location: Littleton

Session Price: \$40-95 per session indefinitely while client is still a student

Website: maryflackcounseling.com

Contact: maryflack7@comcast.net, 303-956-9390

Telehealth Available: yes

Discounted Counseling for Denver Seminary Students

Ashley Gray, LCSW (License #9926910)

Education: graduated Colorado State University 2017

Frequently works with: adults, couples

Specialties: anxiety, pre-marital, former athletes, people pleasing, emotionally unavailable

Location: Arvada

Price: \$40-95 for up to 10 sessions

Website: www.empoweredtherapycolorado.com

Contact: ashley@empoweredtherapycolorado.com, 828-771-6428

Telehealth Available: yes

Lindsey Harrell, LPC (License #14262)

Education: graduated Denver Seminary 2015

Frequently works with: children, teens, adults

Specialties: trauma and abuse, anxiety, depression, self-esteem

Location: Denver

Price: \$40 per session indefinitely while client is still a student

Website: www.cohesionwellness.com

Contact: lindsey@cohesionwellness.com, 720-767-3277

Telehealth Available: yes

David Hay, LPC, MDiv (License #572)

Education: graduated Oral Roberts University 1992

Frequently works with: teens, adults, couples, families

Specialties: anxiety, depression, marriage, premarital, post-divorce, trauma, grief & loss

Location: Highlands Ranch

Price: \$50 for up to 10 sessions

Website: centus.org

Contact: dhay@centus.org, 303-699-6634

Telehealth Available: yes

Kim Jones, LPC (License # 5428)

Education: graduated University of Colorado in 1997

Frequently works with: adults, couples

Specialties: relationships, anxiety, depression, grief, trauma, pre-marital, post-divorce, parenting

Location: Littleton

Session Price: \$40-95 per session for up to 10 sessions

Website: directivescounseling.com

Contact: Kim@directivescounseling.com

Telehealth Available: yes

Emily Kahn, LPC, LAC (LPC #15258, LAC #1098)

Education: graduated Denver Seminary 2016

Frequently works with: adults, college age, emerging adults, young professionals, women

Specialties: anxiety, stress, spirituality, life transitions, addiction, women's issues

Location: Parker

Price: \$35 for up to 10 sessions

Website: threefoldcounselingco.com

Contact: threefoldcounseling@gmail.com, 303-416-5141

Telehealth Available: yes

Allison Lenhart, LPC (License #13660)

Education: graduated Denver Seminary in 2014

Frequently works with: college students, adults, parents, women, young women

Specialties: anxiety, depression, self-esteem/self-worth, trauma, childhood abuse, parent coaching

Location: Denver

Price: \$75 per session while client is still a student

Contact: alenhart.counseling@gmail.com, 720-504-6453

Telehealth Available: yes

Laurie Marcellin, LPC (License # 15155)

Education: Graduated CCU 2016

Frequently works with: teens, young adults, adults, couples, LGBTQ+

Specialties: anxiety, depression, marriage, trauma, grief and loss, attachment trauma, spiritual abuse/trauma, EMDR, AEDP

Location: Castle Rock

Session Price: \$50 per session indefinitely while clients is still a student

Website: www.encouragetherapy.com

Contact: laurie@encouragetherapy.com, 720-230-3076

Telehealth available: yes

Tony Petrelli, LPC (License #12121)

Education: graduated Denver Seminary in 2012

Frequently works with: adults, couples, and families

Specialties: marriage, relationship issues, pre-marital, anxiety, depression, trauma, life transitions, infidelity, divorce, addictions

Location: Highlands Ranch

Price: \$85 per session for up to 10 sessions

Website: equinoxcounselingllc.com

Contact: tony@equinoxcounselingllc.com

Telehealth Available: yes

Discounted Counseling for Denver Seminary Students

Jodi Top, LCSW (License # 325)

Education: graduated University of Denver in 1999
Frequently works with: adolescents, adults, families
Specialties: anxiety, depression, self-injury, trauma, childhood abuse, missionary care, grief and loss, self-discovery
Location: Lakewood
Session Price: \$40-95 per session indefinitely while client is still a student
Website: jodi-top.clientsecure.me
Contact: 303-709-9370
Telehealth Available: yes

Licensed Counselors Who Take Medicaid.

Marilyn Wolfe, LCSW, MDiv, MA (License # 09923624)

Education: graduated Syracuse University in 2010
Frequently works with: teens, adults, couples, families, LGBTQ, young women, veterans
Specialties: complex trauma, both physical and emotional, CBT, EMDR, sensorimotor psychotherapy for trauma, Nurtured Heart Approach, solution focused, family systems, narrative
Location: Denver
Website: centus.org
Contact: mnicholswolfe@gmail.com, 7220-445-2187
Telehealth Available: yes

Patti Schramm, LCSW (License #2141)

Education: graduated University of Houston in 1986
Frequently works with: adults, couples
Specialties: anxiety, depression, grief & loss, conflict resolution, pre-marital, spiritually integrated psychotherapy
Location: Denver
Website: centus.org
Contact: pchramm@centus.org, 720-666-1511
Telehealth Available: yes

Caring Heart Counseling

Location: Littleton, CO
Website: <http://caringheartcounseling.com/>

Heart Centered Counseling

Location: Littleton, CO
Website: <https://heartcenteredcounselors.com/littleton-denver-englewood-castle-rock/>

Unlicensed Professionals

A registered psychotherapist is a therapist listed in the State's database and is authorized by law to practice therapy in Colorado but is not licensed by the state and is not required to satisfy any standardized educational or testing requirements to obtain a registration from the state. A Licensed Professional Counselor Candidate (LPCC) and a Clinical Social Work Candidate (CSWC) must hold a master's degree in their profession and be in the process of completing post-degree supervision.

Janel Beidel, CSWC

Education: graduated University of Denver in 2014
Frequently works with: Adult women
Specialties: anxiety, depression, self-esteem, homelessness, job loss, grief, past/recent abuse
Location: Centennial
Session Price: \$40-95 per session for up to 10 sessions
Website: www.maryellenmann.com
Contact: janel@abundantlivingcounsel.com, 303-872-7902
Telehealth Available: yes

Sonia Nelson, Registered Psychotherapist (License # 104108)

Education: graduated Denver Seminary in 2014
Frequently works with: teens, adults, couples, families, women, veterans, missionaries
Specialties: anxiety, depression, marriage, pre-marital, post-divorce, trauma, childhood abuse, grief and loss, boundaries, transition, infertility, cancer
Location: Denver Tech Center
Price: \$35 per session indefinitely while client is still a student
Website: couchtime.net
Contact: snelson@moriahventures.com, 855-487-1402
Telehealth Available: yes

Casey Petterson, LPCC (License # 17762)

Education: graduated Denver Seminary in 2020
Frequently works with: college students, young adults, adults, young women
Specialties: anxiety, depression, body image, perfectionism, self-esteem, grief, trauma, EMDR, life transitions, career counseling, emotional awareness and regulation
Price: \$40-95 per session indefinitely while client is still a student
Contact: casey|petterson@gmail.com
Telehealth Available: yes

Discounted Counseling for Denver Seminary Students

Gabriel Pfeiffer, LPCC (License # 17605)

Education: graduated Denver Seminary in 2020

Frequently works with: teens, couples, families, adults, LGBTQ

Specialties: anxiety, depression, sexuality, spirituality, psychodynamic, trauma, EMDR

Location: Littleton

Price: \$60-90 per session while client is still a student (\$80-100 for EMDR)

Website: gracecounseling.net

Contact: gpfeiffer@gracecounseling.net, 720-489-8555 x134

Telehealth Available: yes

Life Coaches

Hilary Maxwell, Life Direction Coach, LPC (License # 11776)

Education: graduated University of Denver 2011; MA Counseling Psychology, Board Certified Coach, Board Certified Life Coach, Professional Life Purpose Coach

Frequently works with: teens, adults, couples, young women

Specialties: marriage, pre-marital, self-esteem, body image, life transitions, goals

Location: Denver

Price: \$35 per session for up to 10 sessions

Website: kineolife.com

Contact: kineolife@gmail.com

Telehealth Available: yes

Patrick Meyers

Education: Destiny Coaching, Certificate in Christian Coaching, July 2018; Denver Seminary, MA in Christian Formation and Soul Care, MA in Christian Studies, Certificate in Chaplaincy, December 2016

Frequently works with: adults, couples, veterans

Specialties: soul care, spiritual direction, life coaching, discernment, substance abuse, addictions, trauma, inner healing, spiritual gifts, spiritual warfare

Location: Greenwood Village

Price: \$40-95 per session indefinitely while client is still a student

Website: vectorministries.org

Contact: patrick@vectorministries.org, 720-593-8554

Telehealth Available: yes

Christian Counselors of Color

The counselors below may or may not offer a discounted rate to Denver Seminary students at this time, but they have been included for those interested in counseling services with a provider who is a person of color.

Evan Brown, Registered Psychotherapist, MDiv (License #110121)

Education: graduated Covenant Seminary (MDiv)

Frequently works with: adults, adolescents

Specialties: spirituality, relationship issues, anxiety

Ethnicity: Black and African American and other racial or ethnic background

Location: Aurora

Session Price: \$80-130, sliding scale

Contact: 303-569-6258

Telehealth Available: yes

Te Anna Brown, LPC (License #15719)

Education: graduated Covenant Seminary in 2015

Frequently works with: adults, adolescents, children

Specialties: depression, trauma and PTSD, women's issues

Ethnicity: Black and African American and other racial or ethnic background, speaks Spanish

Location: Aurora

Session Price: \$100-150, sliding scale

Website: <https://embracecounselingcares.com>

Contact: 720-789-8705

Telehealth Available: yes

Jasmine Crane, LPC (License #12698)

Education: graduated University of Colorado Denver in 2013

Frequently works with: adults, adolescents

Specialties: eating disorders, borderline personality disorder, coping skills

Ethnicity: Black and African American and other racial or ethnic background

Location: Centennial

Session Price: \$140-200

Website: transcendentcounseling.com

Contact: 866-632-1865

Telehealth Available: yes

Discounted Counseling for Denver Seminary Students

Tarsha Degay, LPCC (License #15311)

Education: graduated Colorado Christian University in 2016
Frequently works with: adults, adolescents, children
Specialties: trauma and PTSD, life transitions, chronic illness
Ethnicity: Black and African American and other racial or ethnic background
Location: Denver
Session Price: \$90-100, sliding scale
Contact: 833-950-1920
Telehealth Available: yes

Shawna Kaneshiro, LPC (License #16478)

Education: graduated Denver Seminary in 2018
Frequently works with: adults, couples, young men and women, veterans, military, LGBTQ
Specialties: anxiety, depression, eating disorders, marriage, pre-marital, post-divorce, self-esteem/self-worth, body image, trauma, grief and loss, parenting/co-parenting
Ethnicity: Pacific Islander and Asian
Location: Centennial
Session Price: \$40 per session while client is a student
Website: www.spiritofalohacounselingcenter.com
Contact: 720-231-0373,
shawna@spiritofalohacounselingcenter.com
Telehealth Available: yes

Rossina Schroeer-Santiago, LPC (License #15630)

Education: graduated Argosy University in 2017
Frequently works with: adults, adolescents
Specialties: life transitions, depression, behavioral issues
Ethnicity: Black and African American and Latino, speaks Spanish
Location: Denver
Session Price: up to \$120, sliding scale
Website: elementofdiscovery.com
Contact: rossina@elementofdiscovery.com, 720-724-9905
Telehealth Available: yes

Amber Smith, LPC (License #12838)

Frequently works with: adults, adolescents, children
Specialties: trauma and PTSD, racial identity
Ethnicity: Black and African American
Location: Denver
Session Price: \$90-120, sliding scale
Contact: 720-586-4683
Telehealth Available: yes

Simone Verrone, LPC (License # 11763)

Education: graduated Denver Seminary in 2010
Frequently works with: adults, teens, young women, children/families
Specialties: trauma, anxiety, childhood abuse, grief & loss, multi/cross-cultural issues, missionaries
Ethnicity: Latina
Location: Denver
Session Price: \$40-\$95 per session indefinitely while client is still a student
Website: denvercounselingclinic.com
Contact: simone@denvercounselingclinic.com, 720-432-1551
Telehealth Available: yes